



GSCCC CEOPatch Program

An At-Home Patch Program

GSCCC CEO Patch Program



All ages are able to complete this patch program. The requirements for the different levels are:

Daisy: complete 1 activity per topic

Brownie: complete 2 activities per topic

Junior: complete 3 activities per topic

Cadette: complete 4 activities per topic

Senior and Ambassador: complete all 6 activities per topic

Ocean Sustainability

Materials:

- Computer
- Internet access
- Camera
- Watch a short video about keeping the sea plastic free.
- Make a short film about ocean health and share it with your friends and family.
- Research marine mammals along the California Central Coast.
 - Which animals can be found in the area?
 - O What does their habitat look like?
 - o Does the mammal have a specific diet?
 - What defense behaviors does the mammal have to protect themselves against predators?
- Research "urban runoff" and "nonpoint source pollution."
 - O What are the definitions of these terms?
 - o Determine ways that you and your household can help limit these.
- Learn about the major State and Federal laws that protect marine life.
- Find out about a local issue affecting your coastline and write a letter to an elected official urging action on the issue.



Pets

Materials:

- Computer
- Internet access



- Research spay and neutering of animals and why it is so important.
 - Share your findings with your family.
- Research why licensing on animals is so important and how it is enforced.
 - Share your findings with your family.
- Research vaccines for pets and why they are so important.
 - Research two animal diseases that can possibly be caused by not getting proper vaccines.
 - Share your findings with your family.
- Take an online tour of an animal shelter.
- Research the importance of therapy dogs and how to respect when they are working.
 - Did you know everything you learned during your research? Were there any findings that were surprising to you?
- Learn about proper pet nutrition on your pet of choice.





Materials:

- Computer
- Internet access
- Paper
- Coloring utensils
- Construction paper
- Scissors
- Glue

Her first business card

- Research different examples of business cards.
- o On a sheet of paper design your personal business card. Girls should bring their dreams to life, they can be as creative and colorful as their unique personalities.
- Girls may also create their own personal logo for their name or for their future career.

Best dressed

Close your eyes and imagine your dream job. Once you have thought of your dream job create an outfit to go along with the job! Search the internet, look in magazines, etc., to find pictures of the articles of clothing you think you would wear. Once you find all the clothing items you think you will need it is time to glue them to a piece of paper. This outfit picture can then be hung in your bedroom for inspiration to go after your dreams everyday!

- Pleased to meet you

- o Have you ever been introduced to someone that you did not know?
 - Ask some follow up questions: Did you know what to say? How did you greet them? Have you ever decided to introduce yourself to someone?
- Now it is time to learn how to correctly shake hands with someone. Ask an adult to show you the ropes on how to properly shake hands.
 - Helpful hints for handshakes: direct eye contact, stand up straight, good grip
 - Once you feel confident with your handshake, practice with everyone in your household. (Make sure to wash your hands before practicing.)
- As a family practice different scenarios that could happen with introductions.

Design your own product

- What are some of your interests and hobbies? Did you know many successful businesses are started based on an entrepreneur's interests or hobbies?
- Now that you have thought of some interests and hobbies, list, draw, or cut out pictures that describe at least three of them.
- Next, choose only one of the three, and identify a career associated with it.
- Now that you have a career in mind, think of a new product that will be important to the success of your business.
- Write about, draw, or cut out pictures to show your signature product and share your ideas with family.

How to Stand Out

- After creating your product in "Design your own product" answer the following questions:
 - Why did you choose this product? Why is it important to you?
 - How is your product addressing a need in the community, locally or globally?
 - Who are your competitors and how do they compete with your product?
- Now interview three people to gauge their interest in your product.
 - Ask them questions like, "what would make you buy my product before another?"
- Time to create your brand. Make sure your brand aligns with the main goal or "big idea" of your business.
- o After creating your brand, develop a marketing strategy and produce a flyer.

 Once your flyer is created, ask three people to review it. These three people are your focus group. Use their feedback to perfect your advertisement.

- I am different, I am unique

- o On a piece of paper write down the answers to the following questions:
 - My name is _____
 - My birthday is
 - These are a few of my favorite things _____ (categories should include colors, food, hobbies, songs, stories, etc.)
- Once you have answered all of the questions grab another piece of paper. On this new piece of paper create a design of your name and include all of your favorite things rolled into one!
- Once you have created your work of art answer the following questions:
 - "What things about yourself can you change?" Examples include clothing or attitude.
 - "What things can you not change about yourself?" Examples include finger prints or skin color.
- Once you have answered these questions talk to an adult about your uniqueness and discuss how people are different and alike.

Art

Materials will vary

- Trash to treasure

- The old saying goes "One man's trash is another man's treasure" so we are going to do just that! Time to some trash into a treasured art piece.
- To start this project, go through your house and look for a wide variety of recycled items that can be used.
 - You will likely use a large amount of materials, so grab more than you think you will need.
 - Some popular items that can be used are: newspaper, cardboard, plastic silverware, aluminum cans, plastic bottles, and paper towel rolls.
 - In addition to the recycled materials you will also possibly want to have the following: Paper, glue, tape, paint, and scissors.
- Now that you have gathered your materials, think about what type of artwork you
 would like to create and sketch out your idea on a piece of paper.
- Now that your idea is sketched out, it is time to start on your piece of art! Feel free to ask for help if needed.
- Once your work of art is complete, share it with your friends and family so they can enjoy it.



Nature Art

- Research nature art online. Are there any artists who are famous for their nature art? Which style of nature art do you find most interesting?
- Now that you researched different types of nature art, it is time to think about what you would like to create. Take some to sketch out your plan for what you would like to create.
- With your sketch in mind take a trip outside, with adult supervision, to collect your needed supplies.
- Once you have collected all your supplies from nature, collect the rest of the supplies you will need.
- Now it is time to create your work of art!
- o Once your masterpiece is complete, share it with your friends and family.

Collage art

- Research collage art online. Are there any artists who are famous for their collage art? Is there a certain style of collage art that captures your eye?
- Now that you have researched different styles of collage art, it is time to think about what you would like to create. Take some time to sketch out your plan of what you would like to create.
- With your sketch in mind search around your home for materials that you could use for your work of art.
- o Once you have collected your materials it is time to create your masterpiece!
- o Once your masterpiece is complete, share it with your friends and family.

Food Art

- Research food art online. Are there any artists who are famous for their food art?
 Is there any specific artist who has work that you find interesting?
- Now that you have researched different styles of food art, it is time to think about what you would like to create.
- Before sketching your plan it may be helpful to take an inventory on what food you have readily available to create your work of art.
- Once you take inventory on the food you have available, it is time to sketch out your plan.
- After you sketch out your plan, it is time to create your work of art!
- o Once your masterpiece is complete, share it with your friends and family.

Wood Turning

- What is the definition of wood turning? What piece of equipment do you need for wood turning?
- Watch this short video about wood turning https://www.youtube.com/watch?v=Led543D9-zI
- Now that you have watched a short video about wood turning, research what type of items can be created using a wood lathe.

- Now that you have done research about pieces of art that can created using a wood lathe, think about what type of item you would create if you had the materials and skills.
- Once you have an idea of what you would create if you could, it is time to sketch it out.
- Share your sketch with friends and family.

- Free Style - Ocean Art

- Girl Scouts of California's Central Coast is lucky to be running along the beautiful Pacific Ocean, so we are going to create a piece all about that!
- o Take some time to research different styles of art that are centered on the ocean.
- Now that you have done research on some different styles of art, select a style that you can create using the items in your home.
- For this work of art you can sketch out your plan ahead or you can let the creativity flow. There is no right or wrong when it comes to art.
- o Once your masterpiece is complete, share it with your friends and family.

Congratulations you have completed the GSCCC CEO Patch Program!

Complete this form for your patch: https://www.cognitoforms.com/ GirlScoutsOfCaliforniasCentralCoast2/GSCCCEOPatchProgram